

1. Are you most likely to avoid conflict or face it head on? Why?
2. What is something about yourself that you hope will never change?
3. What is something about yourself that you'd like to change but most likely won't?
4. Are you more of a rule keeper or rule breaker? Why?
5. Are you usually late, early, or on time? Why?
6. What are some goals you've set for yourself?
7. What books or experiences have had the greatest impact on you?
8. Where are your favorite places to shop?
9. When's the last time you pushed yourself physically?
10. What one word would you use to describe your mother? Father? Family?
11. Are you a saver or a tosser? Are you a saver or a spender?
12. Would you rather be liked or respected?
13. When's the last time you wanted to scream? Swear? Lie? Throw something?
14. Would people describe you as controlling? Why or why not?
15. What bad habits do you wish you could break?
16. On what things do you spend most of your discretionary money?
17. What are your favorite sports? What sports do you excel in?
18. What gets you flustered? What makes you angry?
19. What are you afraid of? Why?
20. What things in life are most important to you?