




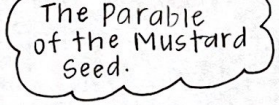

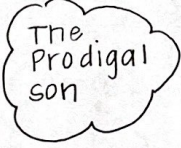
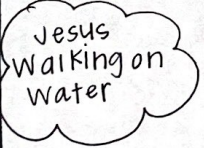


QUARANTINE bingo

Take some time and  *pray* for anyone... and this world. 

maybe start a prayer journal to write down your thoughts & prayers. 


Help out with a household project/ chore


 Random Act of KINDNESS 


D 
I
V
into the Bible... 
E 
 


you are a Beloved Child of God

Plan and help COOK a meal for your FAMILY

write and mail a letter to a FRIEND 

start and/or finish a book for FUN 

 JOIN ZOOM worship 