

Ten Reasons to Try Coaching:

(CoachNet)

- It's intentional. You only work on what you want to accomplish.
- It's built on the belief that you already have what you need to get started.
- The coach will take a posture of listening first. They work hard to make sure they're hearing exactly what you're saying.
- The coach will follow up with powerful questions...the kind of questions that make you stop and think.
- A coach keeps you focused on what's most important. You're probably not going to write a five year plan, but you WILL make progress toward your goals.
- You can be coached toward any measurable destination. If you can break down the journey into measurable steps, a coach can help you get there.
- Coaching is relationship first. Imagine a person who helps you find the answers. And is all about your success.
- The old saying goes "two heads are better than one." Jesus sent the disciples out 2 by 2. You and a coach, working together, making things happen. See a pattern?
- It's fun. Ask any coach (or anyone who's been coached effectively). There's a serious joy about figuring out what you're on earth to do (and then actually doing it)
- Bottom line: coaching works. Got something you need to get done? Got a change you need to make? Need someone to journey alongside of you? Try getting a coach.

*“His disciples said to him,
‘Are we to go and spend
eight months wages for
bread to feed everyone
gathered here?’
Jesus asked, ‘How many
loaves do you have?’”*
Mark 6:37, 38



North Carolina Synod
Evangelical Lutheran Church in America
God's work. Our hands.



NC SYNOD COACHING

Gather + Connect + Support



About us

The NC Synod Coach Team is a leadership team created by the North Carolina Synod to provide ongoing support to coaching ministry across the synod.

What we do can be summed up in three words: Gather + Connect + Support:

Gather information about coaches and those seeking to be coached

Connect those who are seeking a coach with those who are trained in this field

Support coaches who are working with leaders in the synod, and create training opportunities for those interested in being a coach

Coaching areas of ministry

Discipleship Redevelopment
Stewardship First Call
Mission Development And more!

What is coaching?

ELCA Coaching is an interactive process between three people: the leader, the coach, and the Holy Spirit. Coaching trusts the Holy Spirit will guide, enlighten, and empower the process of self-discovery, marshal the needed resources to accomplish what is desired, and empower the change to achieve the desired results.

Coaching is about growth, change, and results. It believes that the answers to what a leader wants to do lie within the leader. The task of the coach is to draw those out by creating the opportunity for the “ah-ha” moments of discovery.

Coaching is NOT mentoring, counseling or consulting. A coach does not try to tell a leader what to do. The process is driven by a trusting relationship between the leader and the coach and the powerful questions the coach asks.

The NC Synod Coach Team

Pastor Charlie Zimmerman
Coaching Coordinator, International Coach Federation (ICF) Certified

Lauren Thurow
Program Assistant for Leadership & Candidacy, ELCA Level 1 Coach

Tim Brown
Pastor at Good Shepherd in Raleigh
ELCA Level 2 Coach, seeking ICF certification

Heidi Kleine
Director of Faith Formation at Christ the King, Cary
ELCA Level 2 Coach, seeking ICF certification

Coaching Interest Form

You can help us gather information by filling out a short interest survey on:

www.nclutheran.org/coaching



Imagine the Possibilities

Contact Us

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